Health Stories for Kids

We share stories that address family, friendship, and health conditions in a fun and understandable way.

BOOK LIST:

• The Zoo Flu Frenzy. Health Stories for Kids: Influenza.
• Fort Applegate and the Battle of Wounded Knee. Health Stories for Kids: The Immune System
• Emily’s Best Gift Ever! Health Stories for Kids: New Babies.
• The Day Jake Lost His Breath. Health Stories for Kids: Asthma.
• Estelle’s Winning Spirit. Health Stories for Kids: Type 1 Diabetes.
• Rufie’s Amazing Journey. Health Stories for Kids: The Cardiovascular System.
• Where Did my Bean Burger Go? Health Stories for Kids: The Digestive System.
• Bobby’s Bad Day. Health Stories for Kids: ADHD.
• Sammi’s New Normal. Health Stories for Kids: Epilepsy.
• Susie and the Great Big Giant Apple. Health Stories for Kids: Weight Loss.
• Don’t Let the Bedbugs Bite! Health Stories for Kids: Good Sleep
• Sam’s Secret Life. Health Stories for Kids: OCD.

BOOK SECTIONS:
Each book is fundamentally divided into three sections. The first part is for adults, such as parents and caregivers. It contains practical and useful tips to help recognize symptoms of conditions covered in each book. Preventive care and treatment tips are also included in this section.

The second part contains the stories themselves, illustrated to capture children’s interest while educating them about various illnesses. Finally, the third lists online resources where adults can go and learn more about conditions.

REVIEWS:

• “I am 8 years old and I think this book is great at helping kids with asthma so they know what to do when their asthma gets worst and teach them to be careful of things that might trigger off.”
  — Anna

• “I would recommend this to any parent or teacher looking to teach little ones. It was an easy and entertaining read!”
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About the Author

Brian Wu graduated with a Bachelor’s Science Degree in Physiology and Neurobiology. Currently, he holds a PhD and is an MD Candidate (KSON, USC) in integrative biology and disease. He is also an experienced writer and editor for a large number of prestigious web pages. Brian values the ability of all ages to learn from the power of stories. His mission is to write about health conditions in an entertaining way in order to help children to understand and better handle their illness.

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